



**St. Joseph College of Teacher Education for Women
Ernakulam**



CRITERION II

Student-Mentor Ratio for The Last Completed Academic Year

(Relevant Documents of Mentor-Mentee Activities with Seal and Signature of the Principal)

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM
KOCHI-682035, KERALA**

2.2.4 Student-Mentor Ratio for The Last Completed Academic Year

(Relevant Documents of Mentor-Mentee Activities with Seal and Signature of the Principal)

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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Mentor-Mentee Activities

Mentoring is a critical component of student success at St. Joseph College of Teacher Education for Women, Ernakulam. Our mentor-mentee program pairs each student with a faculty or staff mentor who provides guidance and support on academic, extracurricular, and personal matters and mentor -mentee meeting is done at least twice in a semester.

1.Continual Mentoring for Developing Professional Attributes

St. Joseph College of Teacher Education for Women (SJCTEW), Ernakulam is dedicated to foment professional excellence in student teachers through continuous mentoring during **Micro Teaching, Link Practice, Demonstration Criticism classes and Induction and Internship Programme as well as in Training in Preparation of Teaching aids and Integration of ICT with Pedagogy.** The mentor-mentee meetings occur as a scheduled part of our academic timetable. Each mentor is allocated a group of at least 13 mentees, ensuring personalized attention and fostering strong mentor-mentee relationships. Individualized support is provided through private sessions with mentees. Mentees are equipped with both knowledge and essential professional attributes for success in the teaching profession.



Photo of Microteaching (Developing Professional Attributes)





Photo of Link Practice (Developing Professional Attributes)



Photo of Internship (Developing Professional Attributes)

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Orientation On Teaching Aids Making (Developing professional attributes)

2. Working in teams

Cultivating teamwork and cooperation in trainees is Prioritized through diverse group activities like **College Assemblies, Teaching Aid Exhibitions, Peer Teaching, Internships, Camps, Study Tour and Short Film Productions Social Projects** These engaging activities offer opportunities for developing team skills like matured interaction, effective listening, leadership, cooperation, respect for the feelings of others, tolerance and openness to the opinions of others which are essential for future teachers.

Details of College Assembly

A day in the institution typically begins with a college assembly, following the schedule of a prayer song, prayer reading, thought of the day, news reading, exercise, and the reframing of the national anthem.

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Photo of College Assembly (Developing Working in Team Skills)



Photo of College Assembly (Developing Working in Team Skills)



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Photo of College Assembly-Prayer (Developing Working in Team Skills)



Photo of Regular Exercise during College Assembly (Developing Working in Team Skills)



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Details of Teaching Aid Exhibition

The preparation of teaching aids was meticulously guided for optimal effectiveness in the teaching-learning process. Under proper mentorship, a comprehensive exhibition of these aids took place on 28/10/2022, targeting high school students. The displayed teaching aids, ranging from visual presentations to interactive tools, aimed to enhance clarity, engagement, and understanding in the classroom. The exhibition not only showcased the importance of teaching aids but also demonstrated their practical application, fostering a dynamic and effective learning environment for all high school students. The event served as a testament to the commitment to quality education through innovative teaching methodologies.



Photo of Teaching Aid Exhibition (Developing Working in Team Skills)

Details of Peer Tutoring (Developing Working in Team Skills)

Peer Tutoring is regular teaching learning strategy adopted and is mentored and monitored in the institution.



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Photo of Peer Tutoring

Details of Study Tours

Study Tours are organised and implemented by the student teachers under mentorship each year for 5 days. Whole tour schedule is thoroughly planned and conducted by students and each and every minute phase the students are properly oriented

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Photo of Study Tour

Details of Social Projects (Developing Working in team skills)

1. Details of Grocery Kit Distribution - Social Project

Grocery kit making and distribution for the needy was on **Day 2, 21-06-2022** at 11.45 a.m. The timing allotted was till 2.30 p.m. The different grocery items were distributed equally to all the group and each groups had 10 kits making a total of 50 kits. After the distribution of kits each group were sent to different directions to give away the groceries to the people in need. Each member of the group participated in this activity effectively and made this session a wonderful experience. By 3.00 p.m. the students were back at college and they prepared for the cultural programme



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Kochi, Kerala, India

X7MH+5PH, Kovilvattom Rd, Near MG Road, Kacheripady, Kochi, Kerala 682035, India

Lat 9.983157°

Long 76.279157°

21/06/22 12:31 PM

Photo of Grocery Kit Distribution As Social Project

2.Details of Planting Tree Saplings In Chunangamveli - Social Project

On 5/6/23, a social project unfolded in Chunangamveli as a collaborative effort to cultivate teamwork skills. The initiative centered around planting tree saplings, symbolizing a commitment to environmental sustainability. This endeavour exemplifies the power of collective action in addressing societal and environmental challenges, leaving a lasting impact on both the community and the individuals involved.

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Photo of Planting Tree Saplings In Chunangamveli-Social Project

Mangrove Plantation in Mangalavanam, Ernakulam

On 22/6/22, a significant environmental initiative unfolded with the Mangrove Plantation project in Mangalavanam, Ernakulam. Aimed at enhancing the local ecosystem, the event brought together volunteers, environmentalists, and community members. The plantation not only bolstered the mangrove cover but also highlighted the importance of preserving coastal biodiversity.



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Photo of Mangrove Plantation in Mangalavanam, Ernakulam-Social Project

Details of Subject Association Activities (Developing Working in team skills)

Over the past year, the Subject Associations of English, Malayalam, Mathematics, Social Science, Physical Science, and Natural Science have undertaken a series of activities, guided at every step by effective mentoring. The central objective of these initiatives has been to cultivate team skills, each undertaking is guided and supported throughout its course by the mentor.



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Photo of Subject Association Activities

Dealing with student's diversity

Mentees actively participate in initiatives aimed at improving their understanding, attitude, and behavior towards diverse student communities. Orientation talks on **inclusive education, visits to special schools, rehabilitation centres for the differently abled** help our students to develop empathy and understand the ways of dealing with diverse groups. The student teachers also engage in preparing a material for a theme on any one adolescent programme, awareness class on adolescent problem, critical analysis of the status of exceptional children in the school and Case study based on learning problems of school pupils. Mentoring sessions are held to evaluate the progress of these work as well as in helping the student teachers in dealing with issues related to these matters.



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Orientation by Mrs. Sudheeshna K S, former HOD and social psychologist at the Dept. of counselling and special education on inclusive education

Balancing Home and Work Stress

The mentoring addresses student teacher well-being with sessions on stress management and soft skills. Mentees are recommended to practise time management and to be on time in matters of submission of work. They are provided sessions on family life education, media hygiene and social media adaptation and on healthy family relationships. Yoga training and practises as well as encouraging them to participate in recreational activities, help them to deal with home and work stress.

A seminar on family relationships was held at St Joseph College of Teacher Education for Women on 21st June 2022. The seminar was conducted by Dr.Sr.Jeeva CHF and was attended by all BEd students.

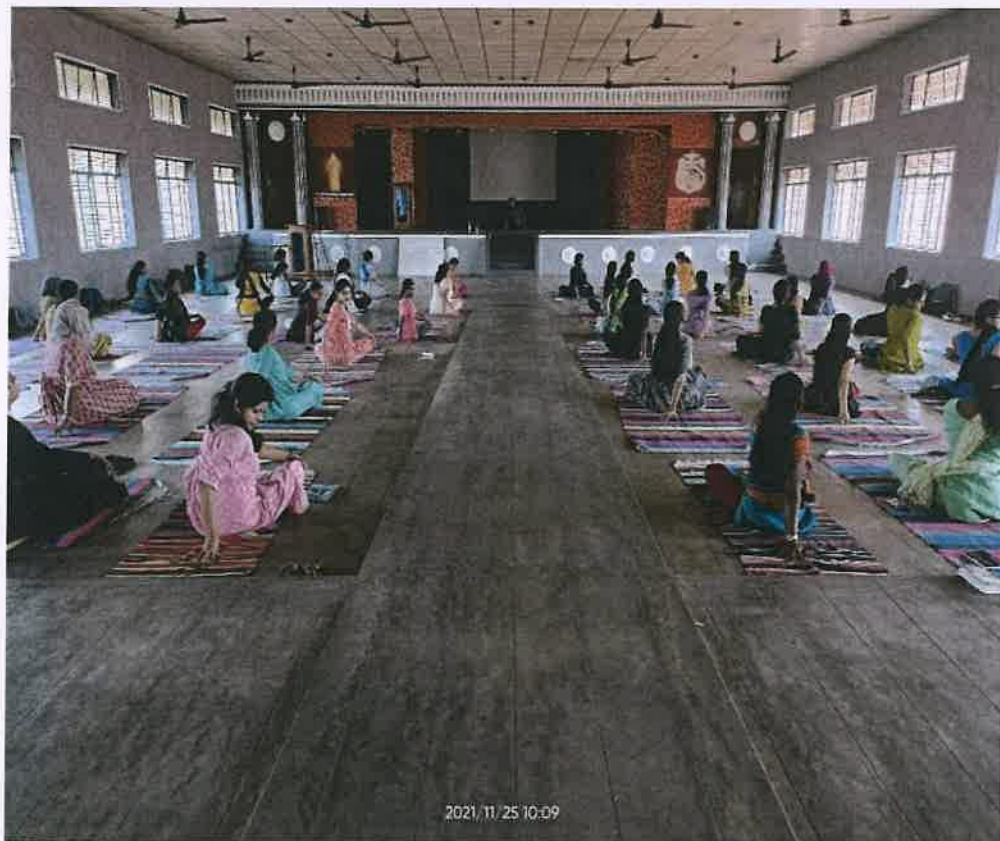
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Photo of seminar on Family Relationship By Sr Jeeva ,Family Counsellor



Orientation On Yoga And Mental Wellbeing



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Conduct of Self with Colleagues and Authorities

Mentoring includes sessions on the importance of self-discipline, institutional discipline, and adherence to the code of conduct. The principal, student coordinator as well as the Optional teachers provides pre-school induction and internship orientations, outlining expected behaviour of student teachers in schools. Annual orientation on code of conduct details on the conduct o self with colleagues



Dr Soya Mathew,Asst Professor,SJCTEW,EKM conscientizing Student teachers on Code of Conduct

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Keeping oneself abreast with recent developments in education and life

Student teachers at SJCTEW are encouraged to participate in club activities, quizzes, news sessions, personality development programs, seminars, webinars, and workshops on current events, along with guidance on self-study courses and student enhancement programs, so as to stay updated with recent developments in education and life .

Some of the Student Enhancement Programs

A webinar on "Addiction to Life, Not to Drugs"

The Anti-Narcotic club of St. Joseph College of Teacher Education for Women, Ernakulam, conducted a webinar on "Addiction to Life, Not to Drugs" on 26th June 2020, from 7.00 PM to 8.30 PM, as part of observing the International Day against Drug Abuse and Illicit Trafficking. The resource person for the webinar was Shri. K Ganeshan, resource person associated with "Vimukthi" mission, Excise department, Ponnani.



Antinarcotic Activities To Deal With Student Diversity And To Update With Recent Developments



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Discussion on NEP and School Education

A discussion on the National Education Policy (NEP) and school education was held on **20th June 2022** at St Joseph College of Teacher Education for Women for all BED students. The discussion was conducted by Mr Rajesh P P, Asst Professor at CTE Muvattupuzha. The discussion began with a welcome address by the principal of the college. Mr Rajesh P P then gave a presentation on the NEP and its implications for school education. He discussed the key features of the NEP, such as its focus on holistic education, its emphasis on learning outcomes, and its promotion of 21st century skills



Photo of Seminar On NEP 2020(Seminar Arranged To Update With Recent Developments)



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Orientation On Women Rights By Adv.Shiby Varghese, Senior Advocate At Munsiff's Court, Cherthala

Orientation On Women Rights By Adv.Shiby Varghese, Senior Advocate At Munsiff's Court, Cherthala. A discussion on women's rights was held on 23rd June 2022 at St Joseph College of Teacher Education for Women for all BEd students. The discussion was conducted by Adv. Shiby Varghese, Senior Advocate at Munsiff's Court, Cherthala.



Photo of Orientation On Women Rights By Adv.Shiby Varghese, Senior Advocate At Munsiff's Court, Cherthala

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Webinar on Antinarcotic Activities -Horizon 2021

St. Joseph College of Teacher Education for Women, Ernakulam organised a webinar on **26th June 2021** from 12.00 PM to 1.00 PM. The Anti-Narcotic club of the college organized and coordinated the virtual programme, 'Horizon 2021'. The resource person for the programme, 'Horizon 2021' was Mr. Ashok Kumar T.A, Deputy Excise Commissioner in Ernakulam. A total of 100 participants took part in the virtual programme.

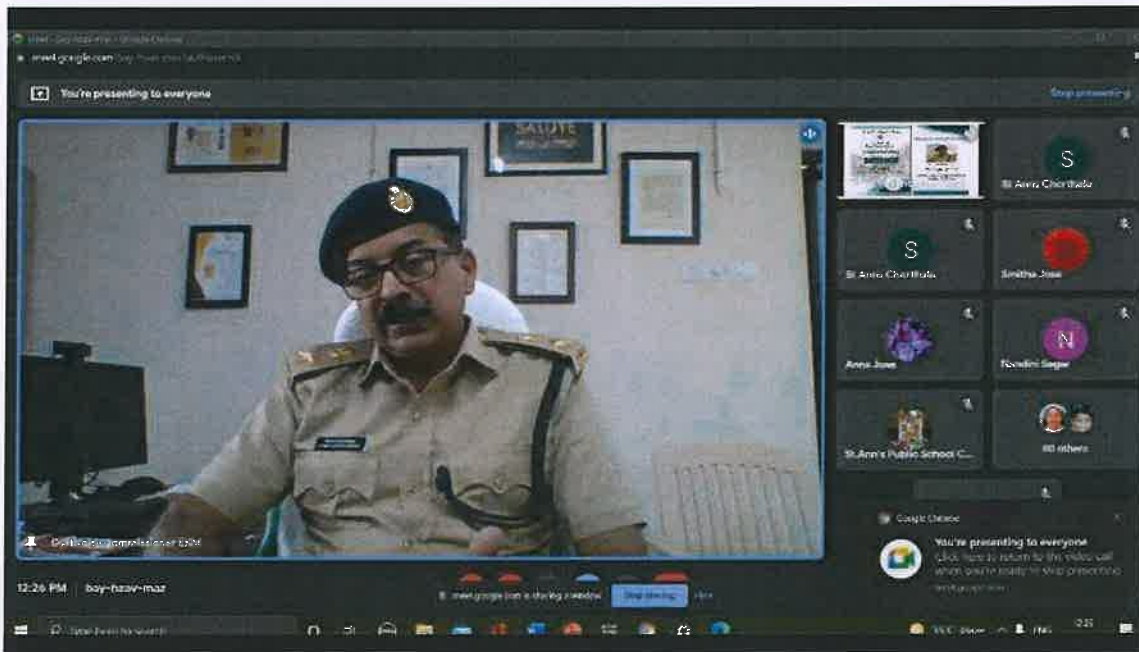


Photo of Webinar on Antinarcotic activities -Horizon 2021

Talk on "Transactional Analysis" by Prof. Dr. Sivarajan

On **December 19, 2022**, St. Joseph College of Teacher Education for Women in Ernakulam hosted an enlightening talk on "Transactional Analysis" from 7 PM to 8 PM. The esteemed speaker was Prof. Dr. Sivarajan, Former Dean and Faculty of Education at the University of Calicut. This informative session was open to all BEd and MEd students and was organized in collaboration with CTEF (Centre for Teacher Education and Faculty Development). The event provided valuable insights into transactional analysis, enhancing the knowledge and professional growth of the attending students.

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Screenshot of Talk on "Transactional Analysis" by Prof. Dr. Sivarajan

Seminar on "NEP 2020 -Making Education Equitable and Inclusive."By Dr.Vijayan K

On November 30, 2022, St. Joseph College of Teacher Education for Women in Ernakulam hosted a significant seminar titled "NEP 2020 - Making Education Equitable and Inclusive." The seminar, held from 10 AM to 12 PM, featured Dr. Vijayan K, an Assistant Professor from the Department of Teacher Education at NCERT, as the distinguished speaker. This enlightening session was open to all BED and MEd students. Dr. Vijayan K shared valuable insights into the National Education Policy 2020, focusing on its role in promoting equity and inclusivity in education. The event provided a platform for students to engage with critical educational reforms

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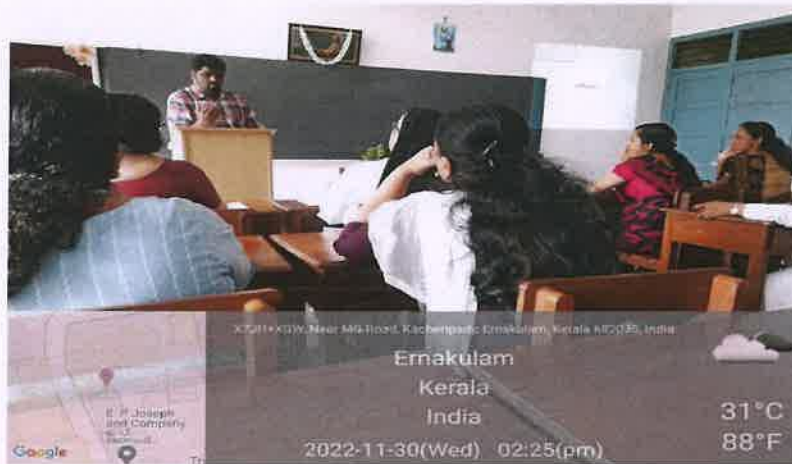


Photo of Seminar on "NEP 2020 - Making Education Equitable and Inclusive." By Dr. Vijayan K(Seminar Arranged To Update With Recent Developments)

Seminar on 'Addiction among School Children.' by The Vendacatalysts and Fourth Wave Foundation, an NGO based in Ernakulam.

On November 5, 2022, St. Joseph College of Teacher Education for Women in Ernakulam hosted a crucial seminar on 'Addiction among School Children.' Running from 9:30 AM to 3:30 PM, this event was organized in collaboration with 'Project Venda,' an initiative by The Vendacatalysts and Fourth Wave Foundation, an NGO based in Ernakulam. The seminar was attended by all BEd students and aimed to address the pressing issue of addiction among school children. It provided a platform to discuss strategies, share insights, and explore solutions to combat this challenge, contributing to the holistic education and well-being of our youth. Second year BEd students were the participants

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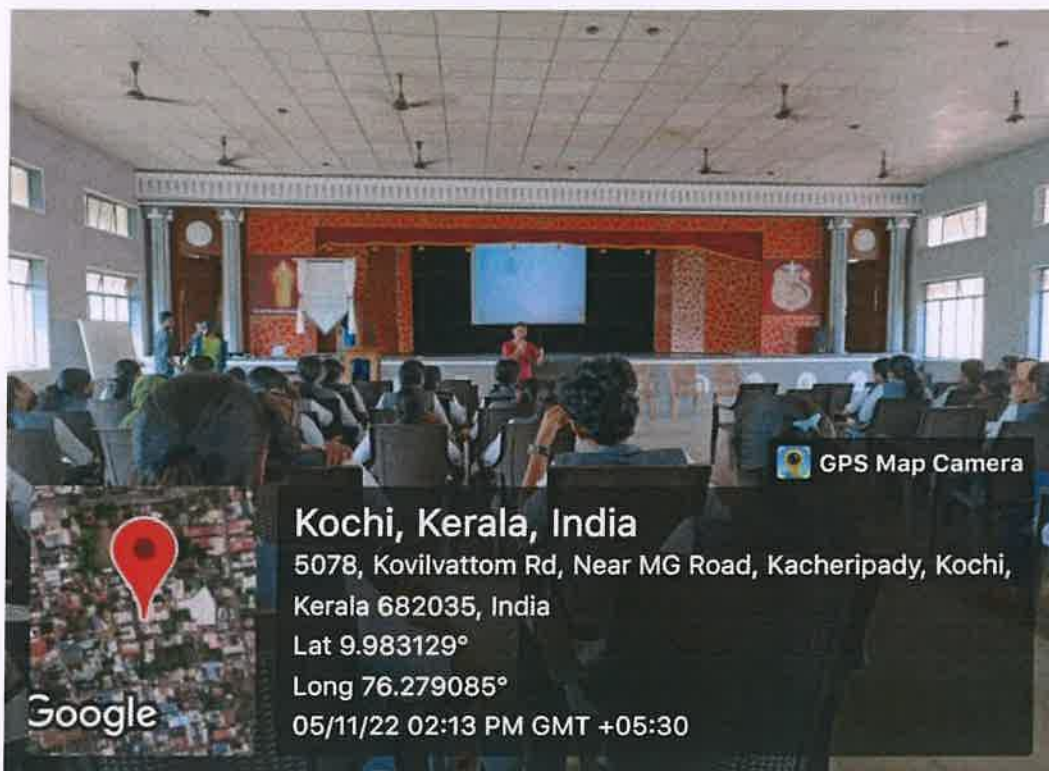


Photo of Seminar on 'Addiction among School Children.' by The Vendacatalysts and Fourth Wave Foundation, an NGO based in Ernakulam. (Seminar Arranged To Update With Recent Developments)

Seminar on "First Aid" by Dr Harikrishnan

St. Joseph College of Teacher Education for Women in Ernakulam held a useful session on "First Aid" on November 5, 2022. The session, which took place from 9:00 AM to 12:30 PM, included Dr. Harikrishnan L, an emergency medicine specialist from Aster Medcity. All BEd students took part and benefited from Dr. Harikrishnan's in-depth expertise in this important area. The programme addressed crucial first aid procedures and knowledge, giving aspiring teachers useful abilities to safeguard the security and wellbeing of their kids. This occasion demonstrated the college's dedication to thorough teacher preparation, putting equal emphasis on academic brilliance and real-world abilities. First year BEd students took part in it.

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Photo of Seminar on "First Aid" (Seminar Arranged To Update With Recent Developments)

Seminar titled "Entrepreneurial Paradigm Shift in the Conduct of Education: Pedagogy of Digital Natives."

On August 23, 2022, St. Joseph College of Teacher Education for Women hosted a thought-provoking seminar titled "Entrepreneurial Paradigm Shift in the Conduct of Education: Pedagogy of Digital Natives." The seminar, held from 10 AM to 11:30 AM, featured Fr. Dr. Varghese Panthaloookkaran, an Assistant Professor from Rajagiri.



Photo of Seminar titled "Entrepreneurial Paradigm Shift in the Conduct of Education: Pedagogy of Digital Natives."

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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Student-Mentor ratio for the last completed academic year

Sl. No	Name of the Mentor	Name of the Mentees	Programme* and Year of study
1	Dr Alice Joseph		
		Amala Antony	B.Ed II Yr
		Anna Roshni Varghese	B.Ed II Yr
		Deepa P S	B.Ed II Yr
		Devika Venugopal	B.Ed II Yr
		Divya Radhakrishnan	B.Ed II Yr
2	Dr. Marine Jose		
		Akhila M Nair	B.Ed I Yr
		Akshaya T G	B.Ed I Yr
		Amalu K	B.Ed I Yr
		Anagha R	B.Ed I Yr
		Anargha Mary	B.Ed I Yr
		Ashna Thomas	B.Ed I Yr
		Dona Maria	B.Ed I Yr
		Megha Madhu	B.Ed I Yr
		Jeena Elsa John	B.Ed I Yr
		Jesna Joseph	B.Ed I Yr
		Leenu Merin Thomas	B.Ed I Yr
		Margret Benitta V J	B.Ed I Yr
		Minu Mary	B.Ed I Yr
		Neha Babu	B.Ed I Yr
		Nimmy Elizabeth George	B.Ed I Yr
3	Dr Betty P J		
		Amrutha A Omanakuttan	B.Ed I Yr
		Anju Paul P	B.Ed I Yr
		Aparna Shaji	B.Ed I Yr
		Ashitha Benny	B.Ed I Yr
		Dhanya Joy	B.Ed I Yr
		Emilin K Thomas	B.Ed I Yr
		Emiliya Merin	B.Ed I Yr
		Indu . K	B.Ed I Yr
		Kabani S	B.Ed I Yr
		Nanditha J	B.Ed I Yr
		Rosemol V T	B.Ed I Yr
		Sandra Antony	B.Ed I Yr



		Sharon Achu Anish	B.Ed I Yr
		Sneha Prince	B.Ed I Yr
		Stella Catherine Faber	B.Ed I Yr
4	Dr Josephine Joseph		
		Agatha Cyriac	B.Ed II Yr
		Agiya Cosmos M C	B.Ed II Yr
		Akshaya K S	B.Ed II Yr
		Alida Saiju	B.Ed II Yr
		Anila Shaju	B.Ed II Yr
		Anu P.Thomas	B.Ed II Yr
		Aparna S	B.Ed II Yr
		Fathimathuzuhra	B.Ed II Yr
		Jesna George	B.Ed II Yr
		Mariya Das	B.Ed II Yr
		Neethu J A	B.Ed II Yr
		Raveena K Ramesh	B.Ed II Yr
		Roshna Rahim	B.Ed II Yr
		Vandana S	B.Ed II Yr
		Vinny Pappachan	B.Ed II Yr
5	Dr Rachel M George		
		Akhitha Sebastian	B.Ed II Yr
		Allan Francis	B.Ed II Yr
		Angitha Ramachandran	B.Ed II Yr
		Anita Abraham	B.Ed II Yr
		Caren Grace	B.Ed II Yr
6	Dr Bindu Joseph		
		Aleena Antony	B.Ed II Yr
		Anaswara. P S	B.Ed II Yr
		Ance Baby	B.Ed II Yr
		Divya Rajan	B.Ed II Yr
		Jayalakshmi Jayakumar	B.Ed II Yr
		Jobitha Joy	B.Ed II Yr
		Liya Baby	B.Ed II Yr
		Mary Amala R	B.Ed II Yr
		Nitha Alfred	B.Ed II Yr
		Pranaya P M	B.Ed II Yr
		Anisha T	B.Ed II Yr
		Riya Sabu	B.Ed II Yr
		Shilpa K	B.Ed II Yr
		Sneha M M	B.Ed II Yr
		Sreelakshmi K A	B.Ed II Yr
7	Dr Joby Joy Kurien		
		Akshaya Shaju	B.Ed II Yr





		Arya K Surendran	B.Ed II Yr
		Aswathi B A	B.Ed II Yr
		Freeda K F	B.Ed II Yr
		Jinu Joseph	B.Ed II Yr
		Jomol Babu	B.Ed II Yr
		Lekshmipriya T S	B.Ed II Yr
		Mariya Jessneela	B.Ed II Yr
		Melissa Xavier	B.Ed II Yr
		Parvathy M	B.Ed II Yr
		Reshma Francis	B.Ed II Yr
		Rose Maria John	B.Ed II Yr
		Rosy Roy	B.Ed II Yr
		Sona Paul	B.Ed II Yr
		Sreeja Sreenivasan	B.Ed II Yr
8	Dr Dinimol Jacob		
		Adeline Joseph	B.Ed I Yr
		Anna Anannya K P	B.Ed I Yr
		Anuradha A Pai	B.Ed I Yr
		Ashna Joseph	B.Ed I Yr
		Aysha Beevi C I	B.Ed I Yr
		Gopika A G	B.Ed I Yr
		Jismi Mohan	B.Ed I Yr
		Femy Mariya Jose	B.Ed I Yr
		Maneeha S M	B.Ed I Yr
		Meera Sankar A	B.Ed I Yr
		Merin K S	B.Ed I Yr
		Mrudula Girish	B.Ed I Yr
		Rajalakshmi R	B.Ed I Yr
		Sandra Soosan Aby	B.Ed I Yr
		Sneha P P	B.Ed I Yr
9	Dr Sicily A A		
		Abina K	B.Ed I Yr
		Akhila M George	B.Ed I Yr
		Anju Prathap . P	B.Ed I Yr
		Aparna Jais	B.Ed I Yr
		Jisa Martin	B.Ed I Yr
		Kavyamol A B	B.Ed I Yr
		Nidhiya Joseph	B.Ed I Yr
		Pavithra V	B.Ed I Yr
		Snehakavya	B.Ed I Yr
		Swathi.M	B.Ed I Yr
10	Dr Siji John		
		Anagha Mary	B.Ed I Yr





		Anitta Johnson	B.Ed I Yr
		Arya T K	B.Ed I Yr
		Aswathy K S	B.Ed I Yr
		Chinchu K H	B.Ed I Yr
		Devika P S	B.Ed I Yr
		Geethu Sivan	B.Ed I Yr
		Liyanta Izabel	B.Ed I Yr
		Nair K M Sumalakshmi	B.Ed I Yr
		Nandhitha C	B.Ed I Yr
		Raseena Naseer	B.Ed I Yr
		Reshma George P G	B.Ed I Yr
		Riya James	B.Ed I Yr
		Sarah Maria	B.Ed I Yr
		Sneha M	B.Ed I Yr
11	Dr Soya Mathew		
		Akshitha Bhaskaran	B.Ed II Yr
		Anagha T	B.Ed II Yr
		Ancy Abraham	B.Ed II Yr
		Anjaly A C	B.Ed II Yr
		Anupama Sreedhar	B.Ed II Yr
		Celene Paul	B.Ed II Yr
		Divyamol P D	B.Ed II Yr
		Dona K Jose	B.Ed II Yr
		Krishnapriya K	B.Ed II Yr
		Mary Rinu K F	B.Ed II Yr
		Mereena Joy	B.Ed II Yr
		Minu Joy	B.Ed II Yr
		Regina Teena Dcosta	B.Ed II Yr
		Riya Davis	B.Ed II Yr
		Rose Mary Paul	B.Ed II Yr
12	Dr Smitha Jose		
		F.Merline Rodrigues	B.Ed II Yr
		Gurumahima M V	B.Ed II Yr
		Harsha Theresa Thomas	B.Ed II Yr
		K A Rabia	B.Ed II Yr
		Leatitia Joshy	B.Ed II Yr
		Linet John	B.Ed II Yr
		Meera Joy	B.Ed II Yr
		Merize Ben Alias	B.Ed II Yr
		Teena Vincent	B.Ed II Yr
		Theresa Thankachan	B.Ed II Yr
		Vyshnavi N Sarma	B.Ed II Yr
		Santhi M S	B.Ed II Yr



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		Sandra Joy	B.Ed II Yr
		Pratibha S	B.Ed II Yr
13	Sr Rosy Tintu		
		Aiswarya . A .K	B.Ed I Yr
		Aiswarya Lakshmi S	B.Ed I Yr
		Alkha Thomas	B.Ed I Yr
		Anjumol Paul	B.Ed I Yr
		Ann Sara V Alias	B.Ed I Yr
		Arunima C H	B.Ed I Yr
		Ashna K . J	B.Ed I Yr
		Aswathy Aji P	B.Ed I Yr
		Dilna Biju	B.Ed I Yr
		Dinsha M Saji	B.Ed I Yr
		Diya N C	B.Ed I Yr
		Karthika Raveendran	B.Ed I Yr
		Muhzina Muhammed Basheer	B.Ed I Yr
		Rose Mary Jose	B.Ed I Yr
		Sahala Nayeem A A	B.Ed I Yr
14	Anu Cleetus		
		Remya P. T	B.Ed I Yr
		Swathi.M	B.Ed I Yr
		Vrinda Suresh	B.Ed I Yr
		Vandana K P	B.Ed I Yr
		Sreeshna M	B.Ed I Yr
		Sreelakshmi N	B.Ed I Yr
		Treesa taniya P A	B.Ed I Yr
		Sreelakshmi Sudhakaran	B.Ed I Yr
		Sukritha S Shenoy	B.Ed I Yr
		Varsha K V	B.Ed II Yr
		Rachel Berkumon	B.Ed I Yr
		Anuja J Nair	B.Ed I Yr
15	Dr Ceby George		
		Lakshmi T S	B.Ed II Yr
		Jeshma Das V S	B.Ed II Yr
		Keerthana M S	B.Ed II Yr
		Meera Susan Kurian	B.Ed II Yr
		Merin Shajan	B.Ed II Yr
		Pooja Maria Jacob	B.Ed II Yr
		Ranjima V	B.Ed II Yr
		Saniya Simon	B.Ed II Yr
		Shalini P S	B.Ed II Yr
		Shimna K	B.Ed II Yr





		Treesa Jojan	B.Ed I Yr
		Lakshmi T S	B.Ed I Yr
		Archana V N	B.Ed I Yr
		Aleena Steephen	B.Ed I Yr
		Shiji.T T	B.Ed I Yr
	MEd Programme		
16	Sheeba A S		
		Bilby Thomas	M.Ed II Yr
		Krishna T.D	M.Ed II Yr
		Rintaa V.S	M.Ed II Yr
		Sajida Meerasa B.M	M.Ed II Yr
		Saniya Kurian	M.Ed II Yr
		Stephy Mendez	M.Ed II Yr
		Vismaya Mohanan	M.Ed I Yr
		Minnu James	M.Ed I Yr
		Riya Sarvina Fernandes	M.Ed I Yr
		Vineetha N Bhat	M.Ed I Yr
17	Aswathy D.V		
		Merin J Kaniyarakam	M.Ed II Yr
		Bivya Sukumar	M.Ed II Yr
		Akhisha Antony	M.Ed II Yr
		Deepa Dinesan	M.Ed II Yr
		Elsa Susan Kurian	M.Ed II Yr
		Aiswarya Jolly	M.Ed I Yr
		AnupamSebastian	M.Ed I Yr
		Rosilin James	M.Ed I Yr
		Rubeena P.K	M.Ed I Yr
		Athira Raju	M.Ed I Yr
18	Dr Rosamma Lukose		
		Parvathy Rajeev	M.Ed I Yr
		Nikhila Baby	M.Ed I Yr
		Selesh Merin Thomas	M.Ed I Yr
19	Dr Hemalatha P K	Jesney Raphel	M.Ed I Yr
		Krishna Veni J.V	M.Ed I Yr
		Lidya Anna Francis	M.Ed I Yr



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Time table Indicating mentoring

Days	9.10-9.55	9.55-10.40	10.50-11.35	11.35-12.20	12.20-1.00	1.00-1.45	1.45-2.30	2.30-3.15	3.15 - 4.00	
Mon	EDU101	EDU102	EDU103	EDU106	Break	ICT-Eng EDU104	EDU105	EDU107.1	Lib/ M -A S.S/M - B	
	EUU302.2	EDU302.2	EDU302.2	EDU302.2		EDU302.1	EDU301	EDU303	C A/Games	
Tue	ICT - Mal EDU104	EDU105	EDU106	EDU101		EDU102	EDU103	EDU107.2	ICT SSc	C A/Games
	EDU301	EDU302.1	EDU302.4	EDU302.2		EDU302.2	EDU302.2	EDU302.2	S S/ M- A Lib/M - B	
Wed	EDU102	EDU103	EDU101	ICT-Mat EDU104		EDU105	EDU106	EDU107.3	Value Added Course	
	EDU301	EDU302.2	EDU302.2	EDU302.1		EDU302.3	EDU302.3	EDU302.1	Value Added course	
Thu	EDU103	EDU101	EDU102	EDU106		ICT-Nat Sc EDU104	EDU105	EDU107.4	L/ M- B SS/ M-A	
	EDU302.2	EDU302.2	EDU302.2	EDU302.2		EDU302.1	EDU302.4	EDU302.3	C A/ Games	

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Fri	EDU 107.2	ICT Phy. SC ED U 104, ED U10 7.2 SSc	EDU 106	EDU 103		ED U 101	ED U 102	EDU 107. 2	C A/Games
	EDU 301	ED U30 2.1	EDU30 2.2	EDU30 2.2		ED U 302. 2	ED U30 2.2	EDU 302. 3	SS/ M - B Lib/ M - A

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MENTORING PHOTOS



Individual Mentoring



Individual Mentoring

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Group Mentoring



Giving Orientations As Part Of Mentoring

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Giving Online Orientation As Part Of Mentoring

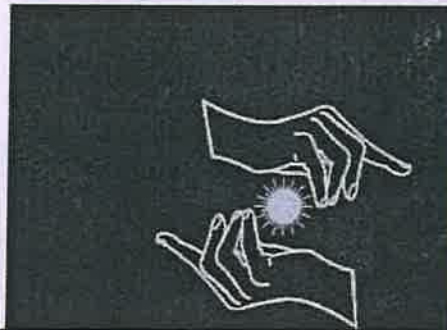
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MENTOR-MENTEE RECORD 2022-2023

Name APARNA S
Program B.ed
Admission Number 9870
Register Number 213240112324
Year of joining 2021




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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9870

Name: APARNA-S

Register No.: 213240112324

Date of Joining and period of study: 13th OCTOBER, 2021-23

Date of Birth/Age: 12/05/1998, 24 Years

Blood Group: AB+ve

Phone Number: 9446571677 Email: aparnasuu@gmail.com

Address: Kozhattaipillil Manickumangalam P.O. Kalady, PIN 683574

Differently abled: Yes/No

Category: SC/ST/OEC/OBC/EWS/General

Details of any scholarships: Nil

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 72,000

Hobbies: Dancing, listening music, Reading, Acting

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	SITA K.G	MOTHER	DEGREE	R.D Agent	20,000	9497459677



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Courses Studied

Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	SREE SARADA VIDHYALAYA	2014	87%	
Higher Secondary Or Equivalent	NSS HSS MANICKAMANGALAM	2016	95%	
Degree	SREE SANKARA COLLEGE	2019	92%	
Post Graduation	NIRMALA COLLEGE	2021	87%	
others				
SET, NET, Other Qualifying exams during the course of study	Ktel & SET	2023	KTET - 74% SET - 54.39%	
	St. JOSEPH COLLEGE OF TEACHER EDUCATION, ERNAKULAM			

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	94 93 55	39						
PEDAGOGIC COURSES	56 53	78						
ELECTIVE	55	19						

CGPA - 9.9

CGPA - 9.97

CGPA - 10




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Co- Curricular or Extra Curricular Activities


Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association	Organized and Coordinated	Quiz Competition and Photography on National Science Day
Social Science Association		
Health Club	Leadership as a health club	Volunteers in Annual Sports Meet '22
Eco Club		
Antinarcotic Club		
Women Cell		
Social Service Club		
Sports	Participated in Discus throw	and 100 m Race in Annual Sport Meet '23
Arts	Participated in Photography,	and won Prizes for Monoach, fancy dress and Thiruvathira
College Union		
Others(specify)		





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Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
2/4/23	Tensions in 1 semester about getting marks.		Breathing techniques to release tension. to be upto date with the work.
15/9/22	Induction was a good experience.		
20/2/23	Internship faced difficulty as work given was heavy in schools. class management improvement, ICT skills developed.		Prepare yourself for being hardship + learn to prioritize work.
4/7/23	10 semester enjoyed most. camp was a very joyful experience work was well distributed. vision & Mission discussion.		Clarified the vision & Mission uphold the values you received in life.

Mentor Signature: 
DR. JOSEPHINE JOSEPH

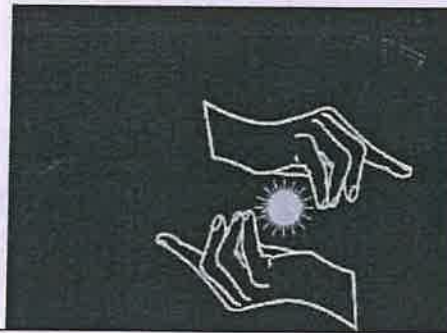



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MENTOR-MENTEE RECORD 2022-2023

Name ANILA SHAJU
Program B.Ed
Admission Number 9848
Register Number 213240112322
Year of joining 2021



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9848

Name: Anila Shaju

Register No.: 213240112322

Date of Joining and period of study :

Date of Birth/Age: 31-01-1998 / 25

Blood Group: A0+

Phone Number: 9496426772

Email: anilashaju1998@gmail.com

Address: Madathumkudy (H)
Nozerath Nagar
Angamaly South P.O

Differently abled: Yes/No

Category : SC/ST/OEC/OBC/EWS /General ✓

Details of any scholarships: No

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian: Paul Shaju, 956249811.

Annual Income of the family: 300000

Hobbies: Reading

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
	Shaju M.P	Father	ITA	Retired	27000	9497026272
	Mary Shaju	Mother	IR	house Wife	—	9400452713
	Paul Shaju	brother	M.A B.Ed	Teacher	10000	9562498114



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Courses Studied

Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Holy Family High School Angamaly	2014	90%	
Higher Secondary Or Equivalent	Govt. HSS Chengamanchal	2016	75%	
Degree	Morning Star Home Science College	2019	75%	Participated All India and Nation Powerlifting champion
Post Graduation				
others				
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	68 74 75	38	72 82 52	75	52	76		
PEDAGOGIC COURSES	33 43	78	44 52	97		336		
ELECTIVE	49	18		20 20		19		




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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association	Organised Photography & Quiz Competition on National Science day.	
Social Science Association		
Health Club		
Eco Club		
Antinarcotic Club	Participation.	
Women Cell		
Social Service Club		
Sports	Organisation and Participation	
Arts	organisation and Participation.	
College Union	Sports club Captain	
Others(specify)		




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Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
22/11/21	Family Matters	<i>Ashika</i>	Accept the illness of father.
26/2/22	2 nd semester was able to adjust to the curriculum. No issues during induction.	<i>Ashika</i>	work with zeal and will accomplish. Be thankful for the children.
17/2/23	Internship work load was heavy lesson planning was a bit stressful.	<i>Ashika</i>	Learn to manage time. Set priorities of goals.
26/6/23	Discussion on future life.	<i>Ashika</i>	Grab all opportunities, Apply for jobs, don't sit idle remain engaged do the little good one can always.

Mentor Signature:

Josephine Joseph
DR. JOSEPHINE JOSEPH



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MENTOR-MENTEE RECORD 2022-2023

NAME OF MENTOR: ANU CLEETUS

DESIGNATION: ASST. PROFESSOR



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9975

Name: Treesa Taniya . P.A.

Register No.: 223240112331

Date of Joining and period of study : 12/8/2022 & 2022-2024

Date of Birth/Age: 10-2-2000

Blood Group: A⁺

Phone Number: 8547028759 Email: treesataniya789@gmail.com

Address: Pulikkal (H),
Narakkal .P.O.,
Near manattuparambu church , Pin-682505

Differently abled: Yes/No

Category : SC/ST/OEC/OBC/EWS /General

Details of any scholarships: Nil

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: ₹ 258900/-

Hobbies: Drawing & Painting, Sports & Yoga, Reading, hearing music

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	Ambrose . P.A.	Father	Graduate (Indian Army)	Ex-service man	₹21,575/-	9961476221
2.	Lissy Ambrose	Mother	B.COM	Homemaker	-	859396890
3.	San Mariya	Sister	B.Sc. Physics (1 st year)	Student	-	9995138221



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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Kendriya Vidyalaya, Kadavanthra	2015	100%	MLA Award-2015
Higher Secondary Or Equivalent	Kendriya Vidyalaya Kadavanthra	2017	85%	
Degree	St. Albert's (Autonomous) college, Ekm	2020	98.9%	Holder of NCC certificate (Army) &
Post Graduation	CUSAT, Kalamassery	2022	81.2%	NSS certificate holder
others				
SET, NET, Other Qualifying exams during the course of study				

recipier of 21(K Battalion scholars 2018 (Given 2 student in a battalion ↓ 10 colleg.

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	EDU 101 EDU 102 EDU 103	EDU 107.1	EDU 201 EDU 202 EDU 203	EDU 206.1				
PEDAGOGIC COURSES	EDU 104.17 EDU 105.17	EDU 107.2	EDU 204 EDU 205	EDU 206.2				
ELECTIVE	EDU 106.14	EDU 107.1						

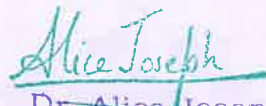


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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club	Leadership: Guided Zumba Dance on World Heart Day	
Eco Club	Participated in Energy conservation campaign	
Antinarcotic Club	Participated in Human chain and human rally	
Women Cell	Part of observation of discrimination against women Pakhwada -skit, video, painting competition	
Social Service Club		
Sports	Conducted 100m race on sports day - Get Set Go 2k23	
Arts	Judge for english elocution & recitation for B&MO-2k23	
College Union		
Others(specify)	<ul style="list-style-type: none"> • Member of college editorial board • Represented college team of 5 members in 'Meet the Leaders - Debate' • Judge for Margamkali in ^{COHS, Ekm,} St. Mary's Youth Festival 2022. 	




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Mentee- Mentor Meeting Report


Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
4/11/2022	was worried about the submissions of practicum as the printing facility was not easily accessible. Informed Mentor		Made comfortable by taking ample time to take point out
20/3/2023	Had a heavy load feeling on mind by a non-favourable experience during last PG course.		was allowed to open up mind and guided to find a solution by herself
3/3/2023	was worried on appropriate career selection		Correct Career growth pathway was oriented. Suggested self study courses especially coursera and e-patsala online courses

Mentor Signature



DNV CLEETUS




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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 10007

Name: VANDANA KP

Register No.: 223240112315

Date of Joining and period of study : 19/8/2022 , 2022-2024 Batch

Date of Birth/Age: 18/07/1998

Blood Group: A+ve

Phone Number: 7510619464

Email: vandanaapradeep1998@gmail.com

Address: KAMPURATH (H), JAWAHAR ROAD

POONITHURA P.O

ERNAKULAM, Pin: 682038

Differently abled: Yes/No

Category : SC/ST/OEC/OBC/EWS/General

Details of any scholarships:

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 60000/-

Hobbies: Drawing, Dancing

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	PRADEEP KUMAR KJ	Father	10 th	Painting	5000/-	9847111818
2.	JEENA PRADEEP	Mother	Plus Two			9544660989
3.	VRINDHA KP	Sister	B.Com, HDC			8706097332



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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Christ King LGHSS Ponnacurunny	2014	9-A+ 1-A	
Higher Secondary Or Equivalent	LGHSS Tripunithura	2016	93.75	
Degree	St. Alberts College, Ernakulam	2019	91.1	
Post Graduation	Sacred Heart College, The Vasa	2021	85.9	
others				
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES								
PEDAGOGIC COURSES								
ELECTIVE								




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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association	Conducted exhibition, participated in origami class, food fest	
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club	Zumba dance performance	
Eco Club		
Antinarcotic Club	Participated in Jagan rally, short-story writing competition, flash mob, human chain.	
Women Cell	Conducted role play competition on famous Indian women personalities.	
Social Service Club		
Sports	Participation & conduction of sports day.	
Arts		
College Union		
Others(specify)	free tuition in st Mary's CBHS, Ernakulam	




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Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
2/11/2022	Lack of awareness on blog creation worried the candidate Confused on self study courses		Blog creation steps were illustrated. Model notes were shown. Helped to prepare own blog. Self study courses like online certificate courses were advised
3/12/2022	Woody on job selections and PSC placement.		Gave guidance on self coaching methods and self study courses.
5/2/23	Wanted to pursue PhD		Gave details of the same.

Mentor Signature:



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MENTOR-MENTEE RECORD 2022-2023

Name of Mentor: **Dr. ALICE JOSEPH**

Designation: **PRINCIPAL**



Alice Joseph

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MENTOR-MENTEE RECORD

Personal Profile of Mentee

Admission No.:

Name:

Register No.:

Date of Joining and period of study:

Date of Birth/Age:

Blood Group:

Phone Number:

Email:

Address:

Differently abled: Yes/No

Category: SC/ST/OEC/OBC/EWS /General

Details of any scholarships:

Hobbies:

Annual Income of the family

Day scholar/ Hostler:

If hostler, Name and phone number of Local Guardian:

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly Income	Contact Number



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9929

Name: Amala Antony

Register No.: 213240112268

Date of Joining and period of study: 15/10/2021 & 2021-2023

Date of Birth/Age: 13/10/1993/29

Blood Group: O+

Phone Number: 9500894155 Email: amalaantony13@gmail.com

Address: Kannattukalathil (H), Thanneermukkom PO
Cherthala - 688527

Differently abled: Yes/No

Category: SC/ST/OEC/OBC/EWS/General

Details of any scholarships: CH Muhammed Koya Scholarship

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 3,00,000

Hobbies: Reading, gardening, listening to music, cooking

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1	Chako Thomas	Father in law	10 th	-	-	-
2	Annama	Mother in law	10 th	-	-	-
3	Fu. Bijo	Brother in law	MA BED	CMIP Artist	-	9947062680
4	Sijo	Husband	B.Pharm	Pharmacist	25000	9037705099
5	Acustin Sijo	SON	-	-	-	-

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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	101 HSS Pondicherry	2009	68%	
Higher Secondary Or Equivalent	101 HSS Pondicherry	2011	65%	
Degree	St. Joseph's Cuddalore	2014	68	
Post Graduation	Pondicherry University	2016	70	
others	ADJP	2011	A	
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES								
PEDAGOGIC COURSES								
ELECTIVE								

Co- Curricular or Extra Curricular Activities



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Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club		
Eco Club		
Antinarcotic Club		
Women Cell	<i>Participated in women cell program</i>	
Social Service Club		
Sports	<i>participated in sports meet</i>	
Arts	<i>participated in talent day</i>	
College Union		
Others(specify)		



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Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
7/2/22	Tensions in 1st semester about getting marks	<i>Alice</i>	yoga practice
15/9/22	Family issues	<i>Alice</i>	Counselling




Mentor Signature:

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 Education for Women,
 Ernakulam



Alice Joseph
 Dr. Alice Joseph
 Principal in Charge
 St. Joseph College of Teacher
 Education for Women,
 Ernakulam


Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
8/6/22	Discussed about time management in writing exams.		Give advice to how to manage time during exams.
24/8/22	Discussed about the behavioural problems of girls in classroom.		Proper directions given to her. Solved the problem internally.
25/3/23	Shared her stress free situations during her research work.		Motivated her. Advised to join for self study courses.


Mentor Signature:

PSWATHY DV




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