



# **St. Joseph College of Teacher Education for Women Ernakulam**



## **CRITERION II**

**2.4.11 Institution adopts effective monitoring mechanisms during  
internship programme**

**(Monitoring by School Principal)**

Submitted to

**National Assessment and Accreditation Council (NAAC)**

**3rd Cycle of Assessment**



**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM**  
**KOCHI-682035, KERALA**

### **2.4.11: Monitoring by School Principal**

<b>Sl.No</b>	<b>Criteria</b>	<b>Page Number</b>
1	Monitoring of school Principal (format )	1-4
2	Monitoring of school Principal (Filled forms )	5-12



# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## PERFORMA FOR ACCADEMIC ITEMS

Name of Student-Teacher:

Name of School:

Class:

Sl.No	Practical Item	Date of Execution	Mode of Execution	Standard and Division	Number of Participants
1	Value education class @ 2				
2	Case Study				
3	Action Research				
4	Unit Plan				
5	LAC lesson plan				
6	Club Activity				
7	Improvised Teaching Aids Workshop				
8	Self Assessment Tool Preparation and Administration				
9	Peer Evaluation				
10	Achievement Test				
11	Diagnostic Test				
12	Physical Education Lesson plan & Class @3				
13	Health Education Lesson Plan @2				
14	Yoga Lesson Plan @2				
15	Class on Art Forms				
16	Activity to conscientize National Integration				
17	Portfolio				





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## PERFORMA FOR LESSON PLANS

Name of Student-Teacher:

Name of School:

Class:

Sl.No	Date	Teaching Manual Number	Topic taken	Mode of Execution	Number of Participants
1		Teaching Manual -1			
2		Teaching Manual -2			
3		Teaching Manual -3			
4		Teaching Manual -4			
5		Teaching Manual -5			
6		Teaching Manual -6			
7		Teaching Manual -7			
8		Teaching Manual -8			
9		Teaching Manual -9			
10		Teaching Manual -10			
11		Teaching Manual -11			
12		Teaching Manual -12			
13		Teaching Manual -13			
14		Teaching Manual -14			
15		Teaching Manual -15			
16		Teaching Manual -16			
17		Teaching Manual -17			
18		Teaching Manual -18			







19		Teaching Manual -19			
20		Teaching Manual -20			
21		Teaching Manual -21			
22		Teaching Manual -22			
23		Teaching Manual -23			
24		Teaching Manual -24			
25		Teaching Manual -25			
26		Teaching Manual -26			
27		Teaching Manual -27			
28		Teaching Manual -28			
29		Teaching Manual -29			
30		Teaching Manual -30			
31		Teaching Manual -31			
32		Teaching Manual -32			
33		Teaching Manual -33			
34		Teaching Manual -34			
35		Teaching Manual -35			
36		Teaching Manual -36			
37		Teaching Manual -37			
38		Teaching Manual -38			
39		Teaching Manual -39			
40		Teaching Manual -40			
41		Teaching Manual -41			
42		Teaching Manual -42			
43		Teaching Manual -43			
44		Teaching Manual -44			





45		Teaching Manual -45			
46		Teaching Manual -46			
47		Teaching Manual -47			
48		Teaching Manual -48			
49		Teaching Manual -49			
50		Teaching Manual -50			
51		Teaching Manual (LAC)-1			
52		Teaching Manual (LAC)-2			

Seal

Signature Of School Principal





**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM**  
**B.ED. PRACTICALS**  
**SEMESTER III**

**PROFORMA FOR PRACTICAL ITEMS**

Name of Student-Teacher: *F. Merline Rodrigues*

Name of School: *Ranimatha Public School, Ernakulam*

Class: *VIII*

SL.NO	PRACTICAL ITEM	DATE OF EXECUTION	MODE OF EXECUTION	STANDARD AND DEVISION	NUMBER OF PARTICIPANTS
1	Value education class @ 2	23/11/22 24/11/22	Classroom Teaching	<u>VIII</u>	20
2	Case Study	10/2/23		<u>VIII</u>	
3	Action Research	25/1/23		<u>VIII</u>	
4	Unit Plan	19/11/22		<u>VIII</u>	
5	LAC lesson plan	17/1/23; 20/1/23	Classroom Teaching	<u>VIII</u>	20
6	Club Activity	15/11/22		<u>VII, VIII</u>	42
7	Improvised Teaching Aids Workshop	19/4/22			
8	Self Assessment Tool Preparation and Administration	13/12/22		<u>VIII</u>	20
9	Peer Evaluation	11/11/22		<u>VIII</u>	
10	Achievement Test	28/11/22		<u>VIII</u>	20
11	Diagnostic Test	17/1/23		<u>VIII</u>	20
12	Physical Education Lesson plan & Class @3	16/11/22 8/1/23 11/1/23	Demonstration Face to Face	<u>VIII</u>	20
13	Health Education Lesson Plan @2	5/12/22 13/12/22	Classroom Teaching	<u>VIII</u>	20
14	Yoga Lesson Plan @2	13/1/23; 16/1/23 24/1/23	Demonstration	<u>VIII</u>	20
15	Class on Art Forms	2/12/2022	Classroom Teaching	<u>VIII</u>	2020
16	Activity to conscientize National Integration	25/11/2022 26/11/2023	Classroom teaching	<u>VII, VIII</u>	42
17	Portfolio				

Teacher Incharge : *NEETHIMA.K.N*

*July*  
Signature with Date  
02-02-23





ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM  
B.ED. PRACTICALS  
SEMESTER III

PROFORMA FOR PRACTICAL ITEMS

Name of Student-Teacher: *F. Merline Rodrigues*  
Name of School: *Ranimatha Public School, Ernakulam.*  
Class: *VIII*

SL.NO	DATE	TEACHING MANUAL NUMBER	TOPIC TAKEN	MODE OF EXECUTION	NUMBER OF PARTICIPANTS
1	1/12/22	Teaching Manual -1	<i>The Shoemaker</i>	<i>Offline</i>	20
2	2/12/22	Teaching Manual -2	<i>The Shoemaker.</i>	<i>Offline</i>	20
3	5/12/22	Teaching Manual -3	<i>The Shoemaker</i>	<i>Offline</i>	20
4	6/12/22	Teaching Manual -4	<i>The Shoemaker.</i>	<i>Offline</i>	20
5	7/12/22	Teaching Manual -5	<i>The Shoemaker</i>	<i>Offline</i>	20
6	20/1/23	Teaching Manual -6	<i>The Enchanted Pool</i>	<i>Offline</i>	19
7	23/1/23	Teaching Manual -7	<i>The Enchanted Pool</i>	<i>Offline</i>	20
8	24/1/23	Teaching Manual -8	<i>The Enchanted Pool</i>	<i>Offline</i>	20
9	25/1/23	Teaching Manual -9	<i>The Enchanted Pool</i>	<i>Offline</i>	20
10	27/1/23	Teaching Manual -10	<i>The Enchanted Pool.</i>	<i>Offline</i>	20
11	30/1/23	Teaching Manual -11	<i>The Enchanted Pool</i>	<i>Offline</i>	20
12	30/1/23	Teaching Manual -12	<i>The Enchanted Pool.</i>	<i>Offline</i>	20
13	1/2/23	Teaching Manual -13	<i>I wandered lonely as a cloud</i>	<i>Offline</i>	19
14	2/2/23	Teaching Manual -14	<i>I wandered lonely as a cloud.</i>	<i>Offline</i>	20
15	3/2/23	Teaching Manual -15	<i>I wandered lonely as a cloud.</i>	<i>Offline</i>	20
16	25/10/22	Teaching Manual -16	<i>The Prize Poem</i>	<i>Offline</i>	20
17	25/10/22	Teaching Manual -17	<i>The Prize Poem</i>	<i>Offline</i>	20
18	26/10/22	Teaching	<i>The Prize Poem.</i>	<i>Offline</i>	20





		Manual -18			
19	27/10/22	Teaching Manual -19	The Prize Poem	Offline	18
20	28/10/22	Teaching Manual -20	The Prize Poem	Offline	19
21	31/10/22	Teaching Manual -21	The Prize Poem	Offline	20
22	31/10/22	Teaching Manual -22	The Prize Poem	Offline	20
23	1/11/22	Teaching Manual -23	The Prize Poem	Offline	20
24	8/11/22	Teaching Manual -24	After Twenty Years	Offline	20
25	9/11/22	Teaching Manual -25	After Twenty Years.	Offline	20
26	10/11/22	Teaching Manual -26	After Twenty Years.	Offline	20
27	14/11/22	Teaching Manual -27	After Twenty Years	Offline	18
28	15/11/22	Teaching Manual -28	After Twenty Years	Offline	20
29	16/11/22	Teaching Manual -29	After Twenty Years	Offline	20
30	18/11/22	Teaching Manual -30	After Twenty Years.	Offline	20
31	19/11/22	Teaching Manual -31	The Luncheon	Offline	20
32	21/11/22	Teaching Manual -32	The Luncheon	Offline	20
33	22/11/22	Teaching Manual -33	The Luncheon	Offline	20
34	23/11/22	Teaching Manual -34	The Luncheon	Offline	20
35	24/11/22	Teaching Manual -35	The Luncheon.	Offline	19
36	24/11/22	Teaching Manual -36	The Luncheon	Offline	19
37	28/11/22	Teaching Manual -37	The Luncheon	Offline	20
38	28/11/22	Teaching Manual -38	The Luncheon.	Offline	20
39	29/11/22	Teaching Manual -39	For You O Democracy	Offline	20
40	30/11/22	Teaching Manual -40	For You O Democracy	Offline	20
	8/12/22	Teaching	The Shoemaker	Offline	20





		Manual -41			
42	12/12/22	Teaching Manual -42	The Shoemaker	Offline	20
43	13/12/22	Teaching Manual -43	The Shoemaker	Offline	20
44	10/1/23	Teaching Manual -44	The Enchanted Pool.	Offline	19
45	11/1/23	Teaching Manual -45	The Enchanted Pool.	Offline	20
46	11/1/23	Teaching Manual -46	The Enchanted Pool	Offline	20
47	16/1/23	Teaching Manual -47	The Enchanted Pool	Offline	20
48	17/1/23	Teaching Manual -48	The Enchanted Pool	Offline	20
49	18/1/23	Teaching Manual -49	The Enchanted Pool	Offline	19
50	19/1/23	Teaching Manual -50	The Enchanted Pool	Offline	20
51	17/1/23	Teaching Manual (LAC)-1	I wandered lonely as a cloud	Offline	20
52	20/1/23	Teaching Manual (LAC)-2	Michelangelo.	Offline	20

Teacher Incharge : **NEETHIMA-K.N**

*Neethima*  
02-02-23  
Signature with Date



B.ED. PRACTICALS

SEMESTER III

ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM

PROFORMA FOR PRACTICAL ITEMS 2022

Name of Student-Teacher: RAVEENA · K · RAMESH

Name of School: VHSS PANANGAD

Class:

SL.NO	PRACTICAL ITEM	DATE OF EXECUTION	MODE OF EXECUTION	STANDARD AND DIVISION	NUMBER OF PARTICIPANTS
1	Value education class @ 2	15/12/2022 25/01/2023	OFFLINE	VIII B	30
2	Case Study	19/10/22- 3/2/23	OFFLINE	VIII C	
3	Action Research	19/1/23-26/1/23	OFFLINE	IX C	
4	Unit Plan				
5	LAC lesson plan	19/11/22 - 25/11/22	OFFLINE	IX C	46-44
6	Club Activity	10/11/22 - 8/12/22	OFFLINE	IX C	46
7	Improvised Teaching Aids Workshop	10/12/22	OFFLINE		15
8	Self Assessment Tool Preparation and Administration	22/12/2023	OFFLINE	IX C	
9	Peer Evaluation	14.11.22 24.11.22	OFFLINE	VIII C	56
10	Achievement Test	11/1/23	OFFLINE	IX C	
11	Diagnostic Test				
12	Physical Education Lesson plan & Class @3	19/12/2022 04/01/2023 10/01/2023	OFFLINE	IX B	11
13	Health Education Lesson Plan @2	17/01/23 24/01/23	OFFLINE	IX C	46
14	Yoga Lesson Plan @2		OFFLINE		10
15	Class on Art Forms	25/11/22	OFFLINE	IX C	46
16	Activity to conscientize National Integration	24/1/23	OFFLINE	IX C	44
17	Portfolio				



*Prasanna Kumari*

PRASANNA KUMARI C.R.  
HEADMISTRESS  
PANANGAD VHSS  
KOCHI - 682 506

B.ED.PRACTICALS

SEMESTER III

ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM

PROFORMA FOR PRACTICAL ITEMS 2022

Name of Student-Teacher: RAVEENA K RAMESH

Name of School: VHSS PANANGIAD

Class:

SL.NO	DATE	TEACHING MANUAL NUMBER	TOPIC TAKEN	MODE OF EXECUTION	NUMBER OF PARTICIPANTS
1	20.10.2022	Teaching Manual -1	FORCE OF GRAVITY MASS OF BODY	OFFLINE	46
2	21.10.2022	Teaching Manual -2	UNIVERSAL LAW OF GRAVITATION	OFFLINE	44
3	25.10.2022	Teaching Manual -3	NATURAL AND ARTIFICIAL MAGNETS	OFFLINE	54
4	26.10.2022	Teaching Manual -4	MODERN PERIODIC LAW	OFFLINE	46
5	27.10.2022	Teaching Manual -5	KEPLERS LAW OF MOTION	OFFLINE	44
6	27.10.2022	Teaching Manual -6	FORCE OF GRAVITY	OFFLINE	45
7	01/11/2022	Teaching Manual -7	REPRESENTATIVE ELEMENTS	OFFLINE	47
8	28/11/2022	Teaching Manual -8	LANTHANDIDS AND ACTINIDS	OFFLINE	44
9	28/11/2022	Teaching Manual -9	ACCELERATION DUE TO GRAVITY	OFFLINE	45
10	29/11/2022	Teaching Manual -10	MASS AND WEIGHT FREE FALL	OFFLINE	44
11	28/11/2022	Teaching Manual -11	MAGNETIC COMPASS	OFFLINE	54
12	29/11/22	Teaching Manual -12	EARTH AS A MAGNET	OFFLINE	56
13	29/11/22	Teaching Manual -13	MAGNETIC FIELD MAGNETIC FLUX	OFFLINE	56
	06/12/22	Teaching Manual -14	MAGNETIC INDUCTION	OFFLINE	54 R.



RAVASANA KUMARI  
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15	06/12/22	Teaching Manual -15	ACIDS	OFFLINE	46.
16	06/12/22	Teaching Manual -16	COMPONENT OF ACIDS AND BASICITY	OFFLINE	45
17	06/12/22	Teaching Manual -17	ALKALIES	OFFLINE	47
18	07.1.23	Teaching Manual -18	NEUTRALISATION REACTION, PH VALUE	OFFLINE	44
19	09.1.23	Teaching Manual -19	SPHERICAL MIRRORS	OFFLINE	53
20	09.1.23	Teaching Manual -20	FOCUS AND FOCAL LENGTH OF MIRRORS	OFFLINE	53
21	09.1.23	Teaching Manual -21	SALTS	OFFLINE	46
22	18.01.23	Teaching Manual -22	USES OF SALTS	OFFLINE	45
23	09.1.23	Teaching Manual -23	WORK AND FORCE	OFFLINE	38
24	09.1.23	Teaching Manual -24	WORK	OFFLINE	38
25	10.1.23	Teaching Manual -25	ENERGY	OFFLINE	47
26	10.1.23	Teaching Manual -26	RAY DIAGRAMS I	OFFLINE	54
27	10.1.23	Teaching Manual -27	RAY DIAGRAMS II	OFFLINE	54
28	10.1.23	Teaching Manual -28	KINETIC ENERGY	OFFLINE	44
29	11.1.23	Teaching Manual -29	POTENTIAL ENERGY	OFFLINE	46
30	12.01.23	Teaching Manual -30	LAW OF CONSERVATION OF ENERGY	OFFLINE	47
31	12.01.23	Teaching Manual -31	POWER	OFFLINE	47
32	12.01.23	Teaching Manual -32	MAGNIFICATION	OFFLINE	56.
33	16.01.23	Teaching Manual -33	USES OF SPHERICAL MIRRORS	OFFLINE	53
34	16.01.23	Teaching Manual -34	HYDROGEN	OFFLINE	44
35	16.01.23	Teaching Manual -35	REACTIONS OF HYDROGEN	OFFLINE	40
36	17.01.23	Teaching Manual -36	NATURAL FREQUENCY	OFFLINE	52
37	18.01.23	Teaching Manual -37	CHARACTERISTICS OF SOUND	OFFLINE	



*Sumanth*

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38	18.1.23	Teaching Manual -38	HYDROGEN AS A FUEL	OFFLINE	34
39	18.1.23	Teaching Manual -39	PREPARATION OF OXYGEN	OFFLINE	34
40	19.1.23	Teaching Manual -40	PROPERTIES OF OXYGEN	OFFLINE	40
41	19.1.23	Teaching Manual -41	PROPAGATION OF SOUND	OFFLINE	52
42	23.1.23	Teaching Manual -42	HEARING	OFFLINE	54
43	19.1.23	Teaching Manual -43	WAVE MOTION	OFFLINE	42
44	19.1.23	Teaching Manual -44	TRANSVERSE WAVE	OFFLINE	42
45	23.1.23	Teaching Manual -45	OZONE	OFFLINE	40
46	20.1.23	Teaching Manual -46	LONGITUDINAL WAVE	OFFLINE	43
47	23.1.23	Teaching Manual -47	NITROGEN	OFFLINE	38
48	24.1.23	Teaching Manual -48	CHLORINE	OFFLINE	44
49	24.1.23	Teaching Manual -49	LIMITS OF AUDIBILITY	OFFLINE	56
50	25.1.23	Teaching Manual -50	BLEACHING ACTION OF CHLORINE	OFFLINE	45
51	19.10.22	Teaching Manual (LAC)-1	HISTORY OF CLASSIFICATION OF ELEMENTS	OFFLINE	46
52	25.10.22	Teaching Manual (LAC)-2	LAW OF OCTAVES MENDELEEV'S PERIODIC TABLE	OFFLINE	44

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